

**DO YOU HAVE A
FRIEND WHO RECEIVES
UNWANTED/REPEATED
CALLS OR TEXTS AT
THEIR HOME OR
WORK?**

This can be a sign of stalking.



**IS SOMEONE YOU
KNOW VANDALIZING
SOMEONE ELSE'S
PROPERTY OR HOME?
LEAVING UNWANTED
OR THREATENING
ITEMS?**

This can be a sign of stalking.



**DO YOU FEEL LIKE
SOMEONE IS
MONITORING YOUR
PHONE CALLS,
COMPUTER USE, OR
SOCIAL MEDIA
ACTIVITY?**

This can be a sign of stalking.



WOMEN'S
RESOURCE CENTER

**DOES
SOMEONE ALWAYS
SEEM TO BE JUST
AROUND THE CORNER
WHEN YOU ARE GOING
TO WORK, ARE OUT
WITH FRIENDS, OR IN
YOUR NEIGHBORHOOD?**

This can be a sign of stalking.



WOMEN'S
RESOURCE CENTER

**IS SOMEONE YOU
KNOW CALLING,
TEXTING OR
MESSAGING
SOMEONE NONSTOP?**

This can be a sign of stalking.



**WOMEN'S
RESOURCE CENTER**

**IS A FRIEND
RECEIVING
UNWANTED AND
UNEXPECTED
ITEMS, GIFTS OR
FLOWERS?**

This can be a sign of stalking.



**HAS SOMEONE TRIED
TO GET INFORMATION
ABOUT YOU FROM A
THIRD PERSON LIKE A
FAMILY MEMBER,
FRIEND, OR CO-
WORKER?**

This can be a sign of stalking.



WOMEN'S
RESOURCE CENTER

**IS SOMEONE
POSTING
INFORMATION OR
SPREADING RUMORS
ABOUT A FRIEND ON
THE INTERNET, IN A
PUBLIC PLACE, OR BY
WORD OF MOUTH?**

This can be a sign of stalking.



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Stalking:

"A course of conduct directed at a specific person that would cause a reasonable person to feel fear."



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Cyber-Stalking:

"The misuse of the internet or other technology to stalk and harass someone. This includes harassment meant to cause fear through direct contact by email, social media networks, messaging app, or through internet communities/spaces."



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Community Resources

- **ENLACE Comunitario**
(505) 246-8972
- **Coalition to Stop Violence Against Native Women**
(505) 243-9199
- **NM Domestic Violence Resource Center**
(505) 248-3165
- **New Mexico Asian Family Center**
(505) 717-2877
- **Albuquerque SANE Collaborative**
(505) 883-8720



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