

Office on Violence Against Women Campus Grant Quarterly Newsletter

The University of New Mexico | Fall 2020

Jessica Hidalgo Holland, Grant Director Naima Yael Tokunow, Grant Coordinator Rosa Cervantes, PI & CCRT Co-Chair Rob Burford, CCRT Co-Chair

(505) 277-3716 | ccrt@unm.edu | ccrt.unm.edu

PROGRAMS, TRAININGS & CAMPAIGNS

U Got This! Bystander Intervention Training

Short, dynamic training modules in that use humor, real-live scenarios and an interactive model, encourage students to incorporate intervention values into their day-to-day lives. For free access to this training for your students, contact us crt@unm.edu!

Domestic Violence Resource Center DV 101 Training for UNMPD

In partnership with Albuquerque's Domestic Violence Resource Center, we are excited to provide our UNMPD officers with training around victim-centered, trauma-informed interactions with victims of domestic violence.

State University of New York (SUNY) Student Conduct Training Institute

In partnership with the Office of Equal Opportunity, SUNY provides those staff affiliated with the student conduct process trauma-informed, legally-minded training and best-practice education. For information on getting access to the training, please contact Angela Catena (acatena@unm.edu).

Engaging Men & Masculine People Bystander Narrative Project

Part one of a video series where students, staff and faculty share their perspectives on what it means to be an engaged bystander on campus. To view, visit https://rb.gy/bwgyel.

GRANT BACKGROUND

In 2018, The University of New Mexico (Main Campus) was awarded the Grants to Reduce Sexual Assault, Domestic Violence, Dating Violence, and Stalking on Campus Program (known as the Campus Grant), by the U.S. Department of Justice's Office on Violence Against Women (OVW) for 2019-2021.

The CCRT Model is a form of community work that is deeply influenced by grassroots, social justice framework of power-building by decentralizing authority from one individual or office to a shared, diverse community. The grant's working groups focus on Engaging Men & Masculine People, Student Conduct, Prevention Education, & Victim Services across Main & North Campus.



October 12th | Food Access as Violence Prevention | 11:30am – 1:30pm, Lobo Food Pantry

October 14th | Healthy Relationships Workshop | 3:00pm | email <u>women@unm.edu</u> for Zoom | link

October 15th | Wear purple in support of survivors of DV!

October 28th | Self-Care Celebration | 12pm – 1pm | WRC Courtyard "We live in a world in which we need to share responsibility. It's easy to say, 'It's not my child, not my community, not my world, not my problem.' Then there are those who see the need and respond. I consider those people my heroes."

- Fred Rogers

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DOMESTIC VIOLENCE AWARENESS MONTH: INTER-PERSONAL & SEXUAL VIOLENCE IN THE TIME OF COVID-19

We know from previous studies, that intimate partner violence (physical violence, sexual violence, stalking, or psychological harm by a current or former partner or spouse)¹ tends to increase during emergencies, including epidemics,² so it's as important as ever to engage in prevention & support survivors.

First, there have been numerous media reports indicating huge spikes in calls to IPV hotlines, sometimes doubling and tripling the typical number of requests for help, after stay-in-place orders were mandated. Victims' ability to escape abusive situations has also been reduced during this time. In many situations, COVID-19 mandates require that victims remain locked down with their abuser.

Safety Planning for Victims

If you or a loved one are living with DV or IPV, please reach out to one of our three confidential sites for safety planning support: WRC, LRAC & LGBTQ RC

Bystander Support

- Check in with friends and family who you know might be struggling with a harmful living situation in quarantine, letting them know you're available to support them
- Always ask about safe communication channels before talking about the harm (i.e. don't text about abuse w/out checking in, phones/computer may be monitored by abuser)

Resources

- Domestic Violence
 Resource Center
- Rape Crisis Center
- Office of EqualOpportunity
- o UNMPD (505) 277-2241

NOTE FROM YOUR CONFIDENTAL ADVOCATES

When COVID-19 impacted the University this spring, we all realized that effective advocacy is such an essential tool in our efforts to serve the most vulnerable people especially during the pandemic. We rose above the circumstances, got creative and responded to a difficult moment by engaging in virtual advocacy and engaging programmatic efforts that drew students in. All our campus advocacy locations have sought opportunities to empower students who have been impacted by violence by continuing to provide private advocacy, resources and supportive services.

The LoboRESPECT Advocacy Center, The Women's Resource Center, and The LGBTQ Resource Center are offering:

- Virtual and in-person confidential advocacy
- Resource navigation in
- Academic and financial support
- Food security and SNAP application assistance
- Lobo Food Pantry Programs
- Free counseling (on the phone or secure video session)
- Online anonymous chatroom and support groups
- Student-led social media campaigns & workshops
- Safe Zone Trainings

TITLE IX UPDATES

The Dept. of Ed. has revamped Title IX procedural operations and protocols. One of the largest shifts in procedures is the utilization of a hearing panel and usage of cross examination between the parties involved with the allegations. See the below educational materials & contact UNM's Title IX Coordinator. Angela Catena (acatena@unm.edu) for more information.

Watch the "5 Things to Know about Changes in Title IX" video created by the University of New Mexico

View the recording of the Title IX Town Hall Meeting held on 8/21/2020 (Password for Recording is lk5kq*t^)

View the Title IX Town Hall Slides & View the Title IX Town Hall Q and A

RECOMMENDED READING



Listening to survivor's stories is vital understanding the weight of sexual violence, so we recommend you read Chanel Miller's, Know My Name: A memoir, a book that

"gives readers the privilege of knowing her not just as Emily Doe, but as Chanel Miller the writer, the artist, the survivor, the fighter." It's of equal importance to focus on healing and growth, so we also recommend *The Body Is Not an Apology: The Power of Radical Self-Love*, by Sonya Renee Taylor, a book that "forges the inextricable bond between radical self-love and social justice."